

Overall results for Manaslu Trail Race 2023

Rnk	F	M	Name	#	#	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6	Stage 7	Total
1	1		[26] Nilsson, Ida	7	40+	04:05:45	03:46:52	03:27:18	03:26:40	02:39:18	01:05:12	01:46:27	20:17:32
2		1	[23] Trindler, Jonas	7	40+	04:09:20	03:39:09	03:39:03	03:42:17	02:55:31	01:00:12	01:42:38	20:48:10
3		2	[19] Tandler, Jan	7	40+	04:45:15	03:56:29	03:49:59	03:39:15	02:52:12	01:03:02	01:47:22	21:53:34
4		3	[22] Sherstad, Dane	7	40+	04:49:15	04:17:31	03:52:13	03:24:30	02:32:07	01:17:02	02:48:19	23:00:57
5	2		[40] BK, Ashma	7	18-39	04:48:15	03:55:19	03:49:58	04:28:45	02:50:26	01:05:27	02:12:37	23:10:47
6		4	[07] Vallarino, Valter	7	60+	04:52:35	04:06:55	03:54:53	04:06:14	03:08:07	01:17:27	02:01:37	23:27:48
7		5	[37] Cassar Torreggiani, Andrew	7	18-39	04:58:53	04:17:29	04:17:23	03:49:00	03:25:13	01:09:43	01:48:17	23:45:58
8	3		[42] Rai, Nirmala	7	18-39	04:56:25	04:29:04	04:03:43	04:20:32	03:09:46	01:11:27	01:50:22	24:01:19
9	4		[41] Rai, Julin	7	18-39	04:48:25	04:16:24	03:54:23	04:27:45	03:15:30	01:09:12	02:12:17	24:03:56
10	5		[21] Watson, Anna-Marie	7	40+	04:58:53	04:17:29	04:15:13	03:51:56	03:25:38	01:15:09	02:26:03	24:30:21
11		6	[30] Alexandru, Catalin	7	40+	05:01:07	04:17:39	05:03:01	04:24:40	03:40:55	01:20:22	02:19:27	26:07:11
12		7	[16] Statman, Simon	7	40+	04:58:53	04:22:27	04:18:03	04:06:24	03:49:38	01:31:52	03:19:44	26:27:01
13		8	[25] Thomas, Joe	7	40+	04:58:53	03:55:19	04:18:22	03:58:07	03:42:08	01:22:02	04:32:30	26:47:21
14		9	[13] Tveit, Tor Einar	7	40+	04:58:53	04:17:29	05:15:58	04:27:20	03:43:21	02:11:06	02:15:47	27:09:54
15		10	[34] Praf, Cristi	7	18-39	06:06:21	04:57:02	04:49:55	04:14:28	03:45:23	01:17:42	02:02:40	27:13:31
16		11	[35] de Wet, Daniel	7	18-39	06:18:40	05:14:47	05:12:25	04:40:42	03:31:53	01:15:12	02:10:27	28:24:06
17	6		[38] Butcher, Emma	7	18-39	06:18:40	05:14:47	05:12:25	04:47:10	03:38:13	01:15:33	02:03:41	28:30:29
18	7		[08] Rychcik-Zygadlo, Edyta	7	50+	06:14:54	05:21:53	05:14:58	05:03:42	04:05:33	01:29:02	02:34:59	30:05:01
19	8		[31] Padilla, Monica	7	18-39	06:18:40	05:14:47	05:12:25	04:50:37	04:01:01	02:04:03	02:38:19	30:19:52

Rnk	F	M	Name	#	#	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6	Stage 7	Total
20		12	[11] Webb, Brandon	7	50+	06:12:53	05:51:20	04:42:45	05:10:07	04:52:03	01:34:57	02:35:29	30:59:34
21	9		[27] Lam, Teresa	7	40+	06:27:25	05:27:20	04:57:25	05:09:38	04:34:28	01:30:17	02:55:39	31:02:12
22	10		[29] Maekinen, Heidi	7	40+	06:14:54	05:20:57	05:14:25	05:19:28	04:58:58	01:37:17	02:29:39	31:15:38
23	11		[05] Reilly, Maxine	7	60+	06:23:05	04:59:22	04:57:05	05:17:16	04:54:53	01:53:37	03:24:54	31:50:12
24		13	[02] Henke, Roger	7	60+	06:23:05	05:25:22	05:33:20	05:27:15	04:36:43	01:38:52	03:02:29	32:07:06
25		14	[14] De Nisi, Fabio	7	40+	06:17:55	06:07:29	06:08:55	05:38:33	03:52:27	01:31:02	02:53:19	32:29:40
26		15	[03] Henderson, Richard	7	60+	07:03:54	06:05:10	06:07:15	06:07:27	04:43:18	01:42:49	02:49:29	34:39:22
27	12		[10] Chin, Liza	7	50+	07:03:54	06:05:26	06:13:45	06:07:05	05:04:53	01:39:12	02:57:24	35:11:39
28	13		[04] Hutt, JANE	7	60+	07:43:58	06:22:01	07:02:55	06:10:45	05:03:03	01:48:27	03:02:29	37:13:38
29	14		[36] Woodcock, Samantha	7	18-39	07:47:41	06:20:32	06:47:05	06:06:32	05:48:23	01:38:52	02:48:39	37:17:44
30	15		[06] ORZECOWSKI, FRANCES	7	60+	07:03:54	06:05:52	06:15:05	06:03:12	06:21:53	02:10:02	03:24:54	37:24:52
31	16		[32] Dolan Mitchell, Cate	7	18-39	08:28:45	07:07:47	07:18:18	06:39:12	06:09:57	02:00:17	03:49:29	41:33:45
32		16	[24] Mitchell, Logan	7	40+	08:28:45	07:07:47	07:18:15	06:38:57	06:09:55	02:11:16	03:49:29	41:44:24
33	17		[28] Kotka, Lill Maria	6	40+	04:34:40	03:47:39	04:58:18	04:15:05	03:33:10	01:20:32	00:00:00**	22:29:24
34	18		[33] Sherstad, Rachael	6	18-39	05:26:43	04:46:34	04:36:43	06:59:07	00:00:00**	01:17:02	02:00:37	25:06:46
35		17	[01] NAUTA, PAUL	6	70+	08:53:10	07:49:07	07:22:25	00:00:00**	06:42:47	02:02:43	04:01:19	36:51:31
36		18	[20] Begni, Mauro	6	40+	07:53:34	09:09:56	09:08:55	05:24:05	00:00:00**	02:31:44	02:46:29	36:54:43
37		19	[12] Curson, Benjamin	6	50+	08:40:22	06:45:03	07:02:55	06:29:03	05:45:38	02:51:47	00:00:00**	37:34:48
38	19		[39] Laplante, Madison	6	18-39	10:32:58	08:43:37	08:24:15	00:00:00**	06:44:34	02:15:27	03:53:29	40:34:20
39	20		[15] Laplante, Cherie	6	40+	10:32:58	08:43:43	08:24:15	00:00:00**	06:44:33	02:15:53	03:53:29	40:34:51
40		20	[17] Ravera, Alessandro	5	40+	09:44:35	09:09:56	09:08:55	00:00:00**	00:00:00**	02:32:26	02:55:29	33:31:21
41	21		[18] d'Alençon, Charlotte	4	40+	03:51:35	03:38:09	03:44:23	00:00:00**	00:00:00**	01:26:32	00:00:00**	12:40:39
42		21	[44] Tamang, Biru	1	40+	00:00:00**	00:00:00**	00:00:00**	00:00:00**	00:00:00**	00:00:00**	01:34:07	01:34:07